***Tabel Knelpunten Rugradar* ©Zwaartepunt**

Naam afdeling:

Naam ergocoach:

Datum:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Vragen** | **Knelpunten per vraag** | **Groen** | **Oranje** | **Rood** |
| 1. Tillen |  |  |  |  |
| 1. Trekken |  |  |  |  |
| 1. Duwen |  |  |  |  |
| 1. Statische belasting |  |  |  |  |
| 1. Manoeuvreren |  |  |  |  |
| 1. Drukken |  |  |  |  |
| 1. Dragen |  |  |  |  |
| 1. Hoog werken |  |  |  |  |
| 1. Reiken |  |  |  |  |
| 1. Beeldscherm-werk |  |  |  |  |
| 1. Zitten |  |  |  |  |
| 1. Repeterend werk |  |  |  |  |
| 1. Wringen |  |  |  |  |
| 1. Staan |  |  |  |  |
| 1. Hurken |  |  |  |  |
| 1. Andere Werkzaam-heden |  |  |  |  |
| 1. Hulpmiddelen |  |  |  |  |
| 1. Oplossingen |  |  |  |  |